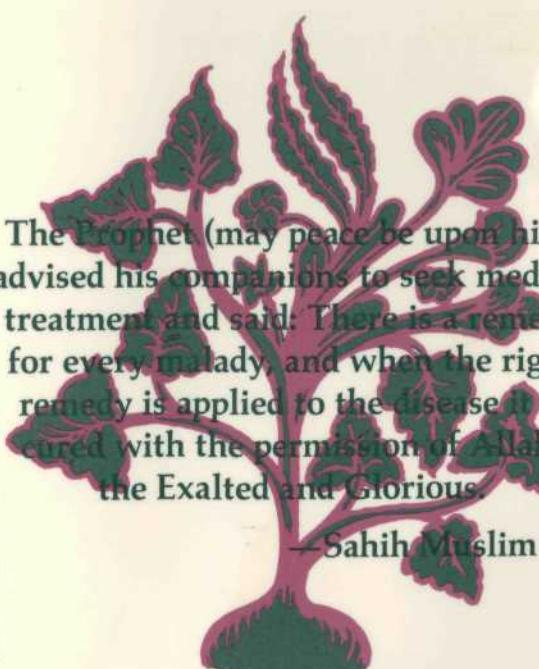




ISLAMIC PERSPECTIVES IN MEDICINE

*A Survey of Islamic Medicine:
Achievements & Contemporary Issues*



The Prophet (may peace be upon him) advised his companions to seek medical treatment and said: There is a remedy for every malady, and when the right remedy is applied to the disease it is cured with the permission of Allah, the Exalted and Glorious.

—Sahih Muslim

SHAHID ATHAR, M.D.

CONTENTS

FOREWORD:

Shahid Athar, M.D.

INTRODUCTION:

What is Islamic Medicine?

Ahmed El-Kadi, M.D.

SECTION A:

HISTORY OF MEDICINE DURING THE GLORIOUS ISLAMIC PERIOD

- | | |
|---|----|
| 1. Contribution of Islam to Medicine..... | 15 |
| Ezzat Abouleish, M.D. | |
| 2. Medicine and Medical Education in Islamic History..... | 45 |
| Ibrahim B. Syed, M.D. | |
| 3. The Rise and Decline of Science in Islam | 57 |
| Ayub K. Ommaya, M.D. | |

SECTION B:

PRINCIPLES AND PRACTICE OF ISLAMIC CONCEPTS OF MEDICINE

- | | |
|--|-----|
| 1. The Role of the Muslim Doctor | 75 |
| Dr. Mahmoud Abu-Saud | |
| 2. Islamic View of the Well-Being of Man..... | 81 |
| Dr. Ala' Eddin Kharofa | |
| 3. Islamic Code of Medical Professional Ethics | 85 |
| Abdul Rahim, M.D., C. Amine, M.D., and | |
| Ahmed El-Kadi, M.D. | |
| 4. Natural Therapeutics of Medicine In Islam | 93 |
| Dr. Sadiq M. Hussain, Ahmad M. Sakr, Ph.D., | |
| Zeyd Ahmad Ali, M.D. | |
| 5. Islamic Philosophy of Medicine | 103 |
| Amanullah Khan, M.D. | |
| 6. Islam and Medicine | 107 |
| Hassan Gaznawi, M.D. | |

SECTION C:

CONTEMPORARY ISSUES IN MEDICINE AND THE ISLAMIC PERSPECTIVE

1. Health and Healing in the Qur'an	117
Ahmed El-Kadi, M.D.	
2. Health Guidelines from Qur'an and Sunnah	123
Shahid Athar, M.D.	
3. The Holy Qur'an and the Psyche	129
Tariq I. Hamdi, M.D., and A.H.M. al-Jadiry, M.D.	
4. Islamic Perspective in Stress Management	135
Shahid Athar, M.D.	
5. Islam and the Spiritual Well-Being of Man	141
Dr. Dawood Assad	
6. Medical Aspects of Islamic Fasting	145
Shahid Athar, M.D.	
7. Effects of Prohibited Food, Intoxicants and Ingredients on Hormones and Behavior	151
Shahid Athar, M.D.	
8. The Alcohol and Drug Abuse, the American Scene and Islamic Perspective	159
Shahid Athar, M.D.	
9. Sex Education for Muslim Youth and Their Parents	165
Shahid Athar, M.D.	
10. Application of (Tibb-al-Nabi) to Modern Medical Practice.....	179
Hakim Moinuddin Chishti	
11. The Islamic Perspective in Medical Ethics	187
Shahid Athar, M.D.	

APPENDIX 1:

The Oath of a Muslim Physician.....	195
-------------------------------------	-----

APPENDIX 2:

Character of the Physician.....	197
---------------------------------	-----

INDEX

199
