

"I recommend Change of Heart to all who have a need or a desire to know what it is like to endure Bypass surgery. It's all there from the only point of view that really matters—the patient's."
—**Jim Lehrer, The MacNeil/Lehrer News Hour**

CHANGE OF —HEART

The Bypass Experience

Twenty-one oral histories that reveal the personal crises and triumphs of the Bypass operation and its aftermath

NANCY YANES
HOFFMAN



Contents

A Few Words About . . .	ix
A Note of Thanks	xi
I Point of Departure	1
II The Travelers, Ages at Bypass, Occupations	9
1. <i>Chris Kozanis, 47, business executive</i>	11
2. <i>Stowe Phillips, 30, gem dealer</i>	31
3. <i>Tom Fouretier, 50, IRS supervisor</i>	52
4. <i>Jed Anderson, 54, 58, 59, business executive</i>	72
5. <i>Carole Cosby, 42, part-time sales clerk</i>	97
6. <i>Jordan Bredely, Ph.D., 37, headmaster, boy's preparatory school</i>	112
7. <i>Sven Thorgesen, 35, 35, television weatherman</i>	128
8. <i>Thomas Windsor, 60, businessman</i>	143
9. <i>Abraham Stearin, M.D., 53, psychiatrist</i>	160
10. <i>Ben Rand, M.D., 46, internist</i>	198
11. <i>Jason Master, M.D., 49, 55, chief of gynecology</i>	222
12. <i>Kurt Ranter, M.D., 62, family physician</i>	235
13. <i>Pierre Borget, M.D., 51, internist</i>	251
14. <i>Sister Cecilia O'Brien, 55, nun</i>	279

15. Willard Dreiser, 58, shoestore owner-operator	292
16. Orville Dreiser, 58, shoestore owner-operator	301
17. Phil and Bernice Milard, 50/49, engineer/housewife	313
18. John Boggs, 55, retired army colonel, retired hospital administrator	332
19. Kevin McDonough, 36, time-study supervisor	340
20. Bill Doell, 54, advertising executive	354
21. Moira Kitt, 50, editor	367
III Transfer Point	389
<i>From the Admitting Office to the Cashier's Office</i>	391
<i>Conference Call</i>	403
<i>Comfort Station: Easy Ways to Relieve Common</i> <i>Complaints</i>	412
<i>Concentration and Relaxation Techniques</i>	417
<i>Sex: The Three-Letter Word Doctors Are Reluctant to Use</i>	420
<i>Activity Sheet</i>	425
<i>A Talk About Heart Disease and Its Prevention</i>	426
IV Envoi: Looking Back, Looking Ahead	439
Glossary of Medical Terms	447
Bibliography	459