



THE ROYAL
HORTICULTURAL
SOCIETY

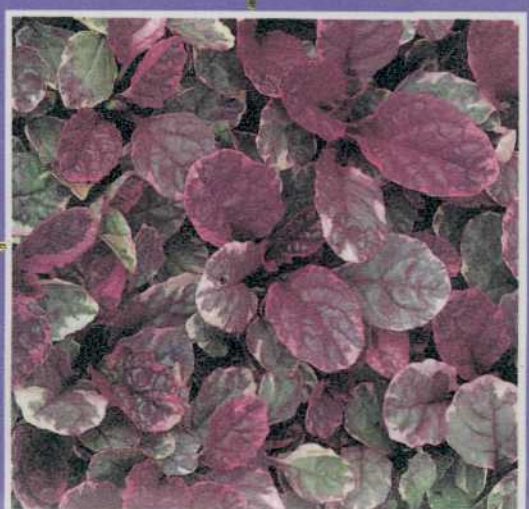


ENCYCLOPEDIA
of
HERBS
— & THEIR USES —



Over 1000 Plants 1500 Photographs
The Definitive Reference Work
for Every Gardener

DENI BOWN



CONTENTS



PREFACE 6

AUTHOR'S INTRODUCTION 7

HOW TO USE THIS BOOK 8

Plant Classification and Legal
Restrictions 10

Herb Growing Through the Ages 12

Herbs in Myth and Legend 14

Herbs that Changed the World 16

Herbal Books 18

DESIGNING A HERB GARDEN 20

FORMAL GARDEN DESIGNS 22

Geometric Garden 22

A Knot Garden 24

Colour Wheel Raised Beds 25

DESIGNS FOR A PURPOSE 26

Pot-pourri Herb Bed 26

Repeating Border Pattern 28

An Island Bed of Culinary Herbs 29

INFORMAL GARDEN DESIGNS 30

Individual Garden Areas 30

Mediterranean Herb Bed 32

Woodland Herb Garden 33

HERBS AMONG THE FLOWERS 34

White Bed with Herbs 34

A Mixed Border with Herbs 36

Herbs in a Rose Garden 37

A VEGETABLE POTAGER 38

A Garden of Variety 38

HERBS IN CONTAINERS 40

A Culinary Windowbox 40

A Planter of Home Remedies 41

USING HERBS 42

Culinary Uses of Herbs 44

Medicinal Uses of Herbs 46

Cosmetic Uses of Herbs 48



HERBS IN THE WILD 50

North America 52

Central and South America 54

Europe 56

Africa 58

The Middle East 60

The Indian Subcontinent 62

China and its Neighbours 64

Australasia 66

South East Asia 67

THE HERB CATALOGUE 68

Including features on:

Allium 80

Artemisia 88

Capsicum 100

Lavandula 148

Mentha 158

Ocimum 166

Origanum 168

Pelargonium 172

Prunus 184

Rosmarinus 192

Salvia 196

Tanacetum 208

Thymus 212

THE HERB DICTIONARY 224

CULTIVATING HERBS 374

Style and Site 376

Choosing and Planting Herbs 378

Herbs in Containers 380

Growing under Cover 382

Routine Garden Care 384

Methods of Propagation 386

Vegetative Propagation 388

Harvesting Your Crop 390

Processing and Storing 392

GLOSSARY OF TERMS 394

INDEX 400

BOOKS FOR FURTHER READING 423

HERB GARDENS TO VISIT 423

ACKNOWLEDGMENTS 424

