

# The HORSE COMPANION



Jane Holderness-Roddam

*A comprehensive guide to the world of horses*

# CONTENTS

---

6-9 Introduction



## **SECTION 1:** *Horse Basics* 10-55

- 12 Evolution of the Horse
- 14 The Horse in History
- 18 The Horse in Art
- 20 The Role of the Horse in  
Modern Times
- 22 The Horse in Entertainment
- 26-55 Directory of Breeds
  - European Breeds 27-43
  - Breeds from the Americas  
43-50
  - Australasian and Asian  
Breeds 51-52
  - International Breeds 53-55

**SECTION 2:** *Knowing and Caring for your Horse 56–133*

58	Points of the Horse
60	Breeding
62	The New Foal
68	Breaking In
72	Understanding Your Horse
76	Vices
78	Choosing and Buying a Horse
80	General Care
82	Stabling and Bedding
86	Grooming
90	Blankets
92	Braiding
94	Clipping
96	Shoeing
98	Exercise
100	Fitness
102	Feeding
106	Daily Routine
108	Transportation and Loading
112	The Healthy Horse
114	Teeth
116	Worming and Vaccinations
118	Leg and Foot Care
122	Common Ailments
128	First-Aid for Horses
130	First-Aid for Rider
132	Natural and Herbal Medicines

158
164
168
170
172
178

Control and the Aids
The Paces
Preparing to Jump
Jumping
Western Riding
Riding Western Style

**SECTION 4:** *Competitions and Riding Sports 180–217*

182	Dressage
186	Show Jumping
190	Eventing
198	Endurance Riding
200	Flat Racing
203	Steeplechasing
204	Driving
206	Harness Racing
208	Vaulting
210	The Pony Club and Gymkhanas
212	Other Sports



**SECTION 3:** *Equipment and Riding Techniques 134–179*

136	Tack and Horse Equipment
141	Cleaning the Tack
143	Tacking Up
148	The Rider's Equipment
150	Rider Fitness
152	Mounting and Dismounting
156	Rider Position

218	Glossary
220	Index
224	Credits