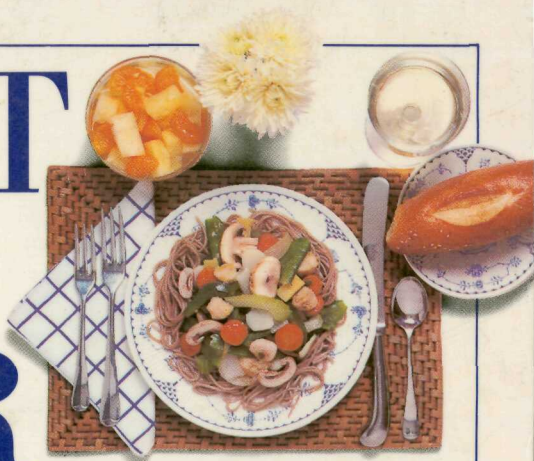
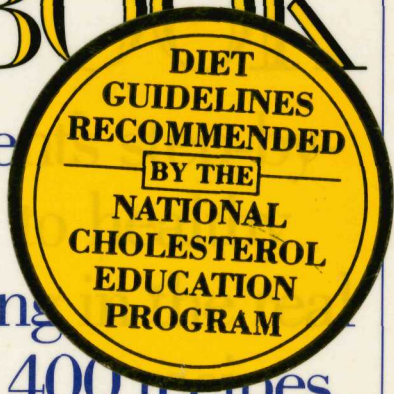


# DON'T EAT YOUR HEART OUT COOKBOOK



& cardiac patients  
& step guide  
cooking and eating  
world. With over 400 recipes.



¶ How to reduce cholesterol,  
salt, fat & sugar and still eat

*(continued on the back)*

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by Joseph C. Piscatella

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Foreword by Denton A. Cooley, M.D.

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# CONTENTS

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|   |     |
|---|-----|
| <b>FOREWORD</b> .....                       | 9   |
| <b>PREFACE</b> .....                        | 13  |
| <b>INTRODUCTION</b> .....                   | 17  |
| <b>1. THE HEART AND THE CORONARY</b>        |     |
| <b>ARTERIES</b> .....                       | 37  |
| The Heart .....                             | 37  |
| How the Heart Works.....                    | 40  |
| The Coronary Arteries .....                 | 42  |
| <b>2. CORONARY HEART DISEASE</b> .....      | 47  |
| Who Gets Coronary Heart Disease? .....      | 48  |
| The Development of Coronary Heart           |     |
| Disease .....                               | 50  |
| The Results of Coronary Heart Disease ...   | 53  |
| Focusing on the Real Problem .....          | 57  |
| <b>3. THE AMERICAN DIET IS A CARDIAC</b>    |     |
| <b>RISK FACTOR</b> .....                    | 59  |
| Fat and Cholesterol .....                   | 61  |
| Salt .....                                  | 72  |
| Sugar .....                                 | 77  |
| Myths of the American Diet .....            | 82  |
| A Last Word .....                           | 89  |
| The Reversibility of Atherosclerosis.....   | 90  |
| <b>4. THE POSITIVE DIET</b> .....           | 93  |
| The Basic Principles .....                  | 96  |
| The Basic Tools .....                       | 98  |
| Applying the Basic Principles and the Basic |     |
| Tools .....                                 | 103 |

|  |            |
|--|------------|
| <b>5. IMPLEMENTING THE POSITIVE DIET</b>           | <b>105</b> |
| Reducing Fat and Cholesterol                       | 105        |
| Reducing Butterfat                                 | 124        |
| Summing Up Fat and Cholesterol                     | 130        |
| Reducing Salt                                      | 131        |
| Summing Up Salt                                    | 137        |
| Reducing Sugar                                     | 140        |
| Summing Up Sugar                                   | 144        |
| <b>6. THE SECRET TO SUCCESS: TIMING</b>            | <b>151</b> |
| <b>7. WEIGHT CONTROL</b>                           | <b>159</b> |
| Obesity Is a Cardiac Risk Factor                   | 160        |
| Quick Weight Loss                                  | 163        |
| The Positive Diet Approach to<br>Weight Loss       | 164        |
| <b>8. HOW TO HANDLE EATING IN A<br/>RESTAURANT</b> | <b>171</b> |

## COOKBOOK

|                                       |            |
|---------------------------------------|------------|
| <b>9. COMMENTS FROM THE COOK</b>      | <b>181</b> |
| <b>10. MEAL PLANNING</b>              | <b>195</b> |
| <b>11. APPETIZERS AND BEVERAGES</b>   | <b>235</b> |
| <b>12. BREADS AND BREAKFASTS</b>      | <b>265</b> |
| <b>13. SOUPS AND SANDWICHES</b>       | <b>293</b> |
| <b>14. SALADS AND SALAD DRESSINGS</b> | <b>329</b> |

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|                               |     |
|-------------------------------|-----|
| <b>15. VEGETABLES</b> .....   | 367 |
| <b>16. SEAFOOD</b> .....      | 413 |
| <b>17. POULTRY</b> .....      | 445 |
| <b>18. RED MEATS</b> .....    | 475 |
| <b>19. DESSERTS</b> .....     | 499 |
| <b>SOURCE NOTES</b> .....     | 529 |
| <b>BIBLIOGRAPHY</b> .....     | 531 |
| <b>GENERAL INDEX</b> .....    | 537 |
| <b>INDEX TO RECIPES</b> ..... | 544 |