

—GREAT WALKS—
PEAK DISTRICT

JOHN AND ANNE NUTTALL
Photography by John Heseltine



CONTENTS

Acknowledgments	6
Introduction	7

THE PEAK DISTRICT NATIONAL PARK 9

THE FACE OF THE PEAK DISTRICT	12
The geology of the Peak District	12
The Dark Peak	13
The White Peak	14
Farming in the Peak District	15
National Park rangers	18
Peat	19
Red grouse	19
Rock climbing	20

SELECTED WALKS IN THE PEAK DISTRICT NATIONAL PARK 23

Introduction to the route descriptions	24
--	----

1. EASY ROUTES

1. Stanton Moor	28
2. Edensor and Chatsworth Park	31
3. Lyme Park	35
4. Stanage Edge	39
5. Chee Dale	43
6. Three Shire Heads	47
7. Ravensdale	52
8. Win Hill from Yorkshire Bridge	56
9. The Manifold Valley	60

2. MODERATE ROUTES

10. Wellington's and Nelson's Monuments	65
11. Ringing Roger and Grindslow Knoll	71

12. Monsal Dale and Ashford in the Water	76
13. Abney Moor and Bretton Clough	83
14. The Great Ridge from Castleton	88
15. Kinder Scout from Hayfield	94
16. Shutlingsloe and Macclesfield Forest	100
17. Lathkill and Bradford Dales	105
18. Saddleworth Moor and the Four Reservoirs	112
19. Back Tor and Ladybower Reservoir	118

3. MORE STRENUOUS ROUTES

20. The Roaches, Lud's Church and Gib Torr	123
21. Bleaklow from Glossop	130
22. Crowden Brook to Rushup Edge from Edale	136
23. The Goyt Valley	143
24. Froggatt Edge, Burbage Edge and Padley Gorge	150
25. Dovedale, the Tissington Trail and Ilam	157
26. Kinder Northern Edges	165

4. VERY STRENUOUS ROUTES

27. Black Hill	172
28. Derwent and Howden Circuit	180

APPENDICES

Access for the walker	188
Safety	189
Giving a grid reference	189
Countryside Access Charter	190
Addresses of useful organizations	191
Index	192