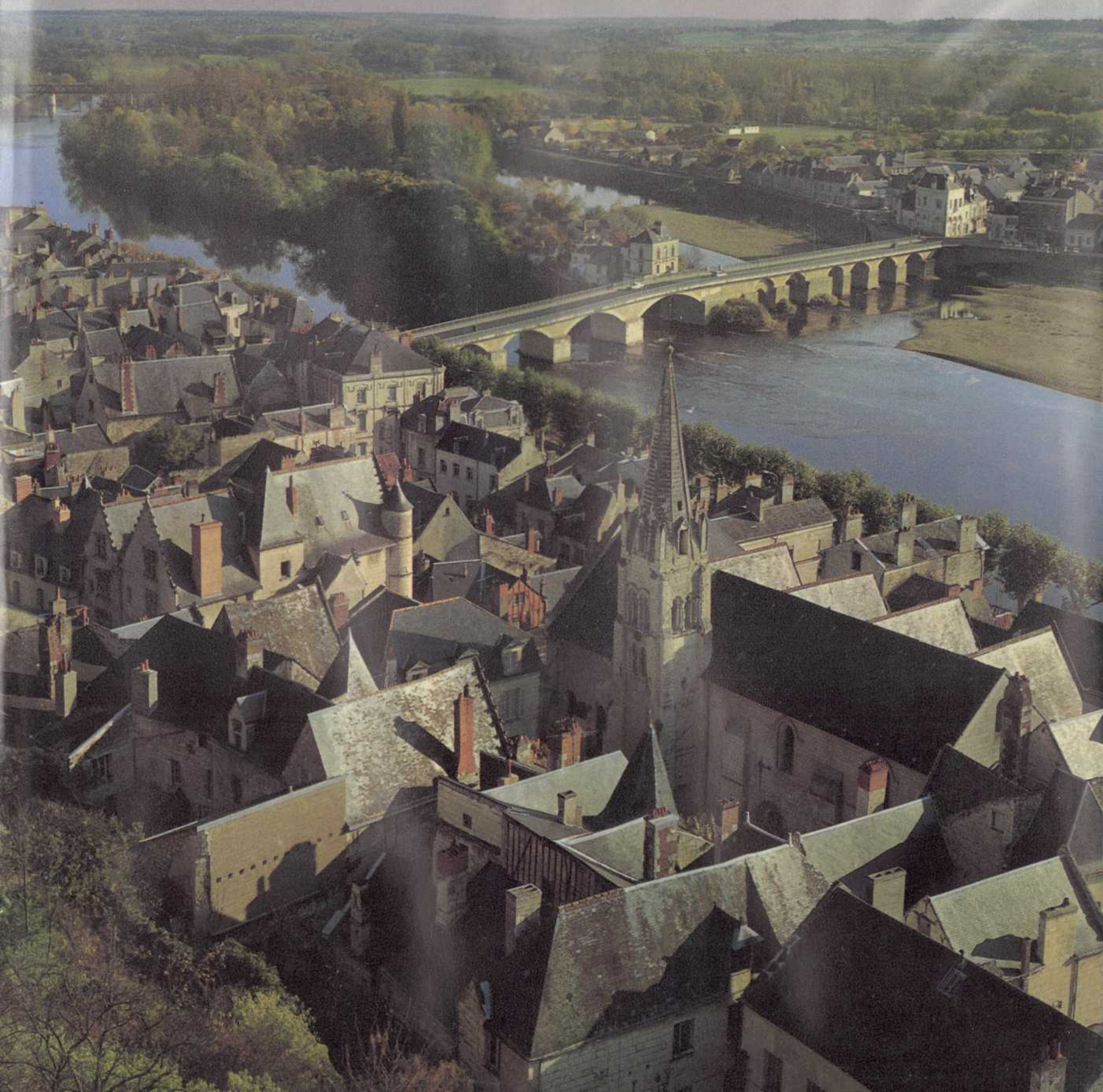


# LOOKING AT FRANCE



# CONTENTS

- 1** *Normandy* 6
- 2** *Picardy and Artois* 16
- 3** *Lorraine and Champagne* 24
- 4** *Alsace* 34
- 5** *The Lyonnais, Burgundy and Franche-Comté* 46
- 6** *Auvergne and the Bourbonnais* 58
- 7** *Savoy and Dauphiné* 70
- 8** *Provence and Languedoc* 78
- 9** *Corsica* 92
- 10** *The Pyrenees and Roussillon* 100
- 11** *The Atlantic Coast* 112
- 12** *The Limousin and the Périgord* 122
- 13** *Brittany* 132
- 14** *The Loire Valley* 142
- 15** *The Ile-de-France* 152
- 16** *Paris* 160

*Map* 170

*Appendices* 172

*Where to go* • *What to eat* • *Folk traditions and festivals*