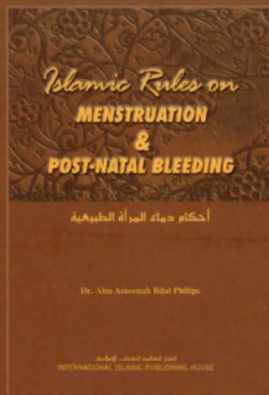


Islamic Rules on
MENSTRUATION
&
POST-NATAL BLEEDING

أحكام دمء المرأة الطبيعية

Dr. Abu Ameenah Bilal Philips

الدار العالمية للكتاب الإسلامي
INTERNATIONAL ISLAMIC PUBLISHING HOUSE



About the Book: This book, *Islamic Rules on Menstruation and Post-Natal Bleeding* addresses the Islamic rules on the major problematic issues of female hygiene. The author has researched and compiled *hadeeths* related with these female issues. Chapter one explains the female bleeding issues, chapter two defines the Islamic rulings on purity and prayer and chapter three details the methods of ritual purification in Islam. It is a must in all Islamic households.

“This book presents much-needed and sought-after information clarifying many delicate and pertinent details regarding feminine hygiene. The author clearly elucidates the Islamic view and rulings regarding menstruating and postpartum women. The question and answer section of this book answers questions every Muslim woman wants and needs to know the answers to.”

Hediyah Al-Amin, Columnist, *The Peninsula*, Doha, Qatar

“The most frequently asked legal issues concerning menstruating women are tackled in the light of Islam’s authentic sources. Every woman should master its contents.”

- Amjad Khan, Production Editor, *The Weekly Gulf Times*, Doha, Qatar

About the Author: Dr. Abu Ameenah BILAL PHILIPS was born in Jamaica, West Indies, and grew up in Canada, where he accepted Islam in 1972. He completed a B.A. in Islamic Disciplines from the Islamic University of Madeenah, Saudi Arabia, an M.A. in Islamic Theology at the University of Riyadh, College of Education, and a Ph.D. in Islamic Studies at the University of Wales, UK. From 1994 to 2001, Dr. Philips founded and directed the Islamic Information Center in Dubai, United Arab Emirates. He was a professor of Arabic and Islamic Studies at the American University in Dubai and Ajman University, head of the Department of Arabic and Islamic Studies at Preston University-Ajman, UAE, and is currently a lecturer at Qatar Guest Center, Doha, Qatar. More information about him and his activities may be found at www.bilalphilips.com.



ISBN 9960-850-81-1



9 789960 850818

