

INNOVATIVE

BEKAM

A Modern Science Of Healing

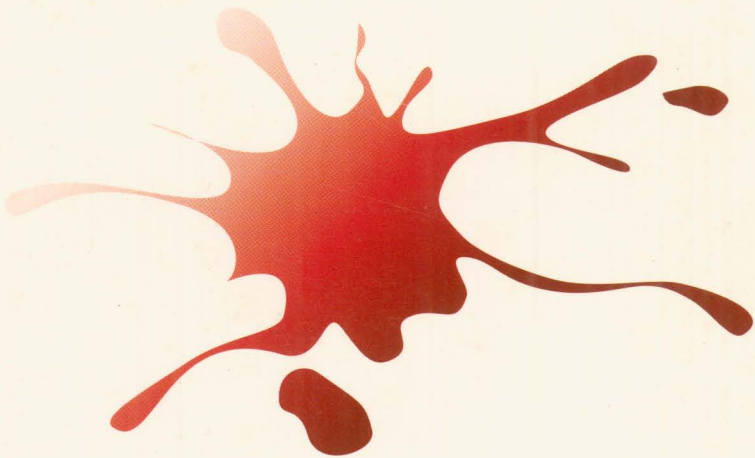
for

- **INSTANT PAIN RELIEF**

- **PREVENTION OF DISEASES**

- **TREATMENT OF DISEASES**

- **RESTORATION OF PHYSICAL
AND MENTAL FUNCTIONS**



DR. HELENA ABDULLAH

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*Dengan Ingatan Tulus Ikhlas
daripada*

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Preface

Dr. Hajah Helena bte. Abdullah is an excellent practitioner of *Bekam* Therapy with experience gained from clinical practice and scientific research. Her Innovative *Bekam* theory which is originally derived from the classical cupping theory has now been made popular locally and internationally to meet the challenges of futuristic medicine.

Treatment of blood stasis which has always been the missing link in the medical field has now been greatly emphasized. This book outlines meaningfully and pragmatically the unparalleled importance of the finer nuances of the theory and practice of Innovative *Bekam*.

This author's name is well known in the world of complementary medicine locally and internationally and an introduction is hardly necessary. It is my great honour to put on record my appreciation for her excellent book which is a valuable contribution to the development of *Bekam* Therapy.

Andrew Tiong Hock Seng, Ph. D.
Professor of Acupuncture
The Leading Authority of the Optimum Time Theory