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Confidence wins over first time diver

NEVER TOO OLD TO TRY ... It can be scary trying out scuba diving for the first time, but according to 68-year-old Fred Sullman (right) all that one needs to overcome this fear is a bit of confidence.

"Once you're in the water, you'll be fine," said Sullman who had his first "underwater" experience at a diving session with instructor Y.L. Boon at the Pan Pacific Hotel swimming pool yesterday.

He was among the first to jump at a free introductory diving lesson conducted by professional divers as part of the Dema Asia 1997 exposition.

Opening the exposition on Friday, Datin Seri Dr Siti Hasmah Mohd Ali, wife of Prime Minister Datuk Seri Dr Mahathir Mohamad, urged more senior citizens to take up diving as a sport.

And Sullman fulfilled that call. Others should emulate his move and discover the beauty of the undersea world.

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