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Guiding force

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HEROES? Idols? I prefer the word mentor which sounds stable, referring to a wise and trusted advisor or guide to the right path.

Marina Mahathir is one such person. It's clear that she is straight-talking, compassionate, knowledgeable and doesn't make use of her illustrious family connections.

She is her own person and tells it as it is, which is the best way when discussing the scourge of AIDS.

Another person worthy of mention is Seah Kok Chee, the Olympic Council of Malaysia secretary.

In the 1970s he coached my brother to swim for Malaysia and had the reputation of being fair, honest, helpful and dedicated.

Today he is the perfect choice as OCM's secretary because with him in a position of authority the chances of hanky-panky are much less.

There are many other people of substance in Malaysia whom I admire and respect but it would fill a book.

Such citizens are our pride and joy and we should never ever put them down but instead, back them up at every opportunity we may get.

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