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PM attends Langkawi Carbo Nite

LANGKAWI, Sat. - Prime Minister Datuk Seri Dr Mahathir Mohamad last night attended a reception with participants of the Ironman Malaysia Triathlon.

The reception, known as "Carbo Nite", is a traditional occasion two days before the event when the triathletes fill themselves up with carbohydrates to take on the ultimate test of human endurance.

In his speech filled with humour and jest to the 130 odd participants from various parts of the world, Dr Mahathir said Langkawi was the ideal place for the inaugural event which is a qualifying event for the Ironman Triathlon World Championship in Hawaii.

"This beautiful island is a good place not only to do all these exhausting races, but also to have a nice rest," he said.

Also present were Datuk Seri Dr Siti Hasmah Mohd Ali and Menteri Besar Datuk Seri Syed Razak Syed Zain who said in his speech that the event would further popularise Langkawi.

He urged the corporate sector to support the event.

In his welcome speech, Datuk Sri Ram Sharma, managing director of Langkawi Ironman Endurance Marathon Sdn Berhad, the organisers, said the event had attracted several leading international triathletes.

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