
Centre to advise on healthy eating

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PETALING JAYA, Sat. -- The Health Ministry plans to set up a centre where the public can seek advice on healthy dietary habits, said Health Minister Datuk Chua Jui Meng.

Dieticians and nutritionists would be stationed at the centre.

“The public can get information on nutrition, number of calories, fat and cholesterol which they consume daily apart from obtaining advice from experts.

“We want the people to have good eating habits,” he said after launching the Healthy Eating Campaign 2002 today.

The idea for such a centre came up when he accompanied Datuk Seri Dr Mahathir Mohamad during the Prime Minister’s visit to Fukuoka, Japan, recently.

He said Fukuoka had a centre which provided nutritional and dietary consultations to the community.

This was in line with the steep increase in cardiovascular diseases, which had become the number one killer in Malaysia, he said.