

03/03/2004

Setapak schools dominate

SETAPAK schools SM Teknik and SMK Tinggi dominated the first day proceedings of the Keramat Zone Kuala Lumpur Schools Sports Council meet in Bukit Jalil yesterday when they bagged four of the seven titles up for grabs.

Hazwan Ismail and Mohd Norizzat of SM Teknik Setapak completed a one-two finish in the boys under-18 discus event with the former breaking the zone record with a 29.75m throw. Norizzat came in a distant second with his effort of 25.50m.

In the triple jump event, Teknik's Nik Mohd Hazreen finished ahead of schoolmate Che Mohd Aizat Che Mat by a whopping 0.6m when he eclipsed the old record of 12.11m with a 13.68m effort. However, his jump was still well short of the MSSKL record of 14.68m.

Ros Ariff Roslan of SMK Seri Titiwangsa picked up the bronze (12.45m).

SMK Tinggi Setapak shone in the longer track events when they took both gold in the 800m and 5000m events through Muhd Faiz Jasmi and Manvindejit Singh.

Muhd Faiz finished 2:28.10s ahead of SMK Tmn Seri Rampai's S. Raguraran and SMK DT Hussein Onn's Mahathir Razak.

Boys' Under-18 100m: 1 Nasir Sarif (SMK St John) 11.46s, 2 Aziz Abdullah (SMK Tmn Stwgs) 11.48s, 3 Firdaus Ramli (SMK Pdg Tbk) 11.59s; 5000m: 1 Manvindejit Singh (SMK Tgi Spk) 19.49.55s, 2 Khaidir Bachok (SMK Tmn Seri Rmp) 20.13.36, 3 Ariff Syafik (SMK Tmn Mlt) 21.28.83s; Discus: 1 Hazwan Ismail (SMT Spk) 29.75m, 2 Mohamed Norizzat) 25.50m, 3 Mohamed Khusairi (SM Tgi Spk) 24.14m; Triple Jump: 1 Nik Hazreen (SMT Spk) 13.68m (Nzr), 2 Aizat Che Mat (SMT Spk) 12.98m, 3 Ros Ariff (SMK Seri Ttws) 12.45m; Girls' under-18 100m: 1 Sarala (SMK Air Pns) 13.95s, 2 Nur Azira (SMKP Wlyh) 14.13s, 3 Subashini Sivalingam (SMKP Bkt Nns) 14.65s; Boys' under-15 100m: 1 Aizat Afif (SMK Tmn Mlt) 11.80s (nzt), 2 Rafiq Johari (SMK Tgi Spk) 11.82s, 3 Fakhri Azri (SMK Tmn Mlt) 12.13s; 800m: 1 Fais Jasmi (SMK Tgi Spk) 2.28.10, 2 Ragugaran Subramaniam (SMK Tmn Seri Rmp) 2.33.44s, 3 Mahatir Razak (SMK Dtk Hsn Onn) 2.33.93s; Girls' under-15 100m: 1 Ong Doen En (SMK Bkt Nns) 14.77s, 2 Nuridayu Kassim (SMK Dtk Hsn Onn) 14.92s, 3 Nurashikin Mat Isa (SMK Wgs Mj R2) 14.93s; 800m: 1 Shamila Sukalingam (SMK Pdg Tbk) 3.03.78s, 2 Nor Shazwan Molkin (SMKP Amp) 3.05.55s, 3 Nithya (SMK Air Pns) 3.08.93s; Discus: 1 Anis Rohaiza Rosli (SMK Bkt Nns) 18.07m, 2 Irina Nasrudin (SMK Bkt Nns) 17.61m, 3 Norain Wahab (SMKP Amp) 15.95m; High Jump: Nurliana Hashim (SMK Air Pns) 1.36m (nzt), 2 Nur Izzati (SMK Wgs Mj R2) 1.36m (nzt), 3 Fateenah Hamzah (SMK Bkt Nns) 1.28m; Long Jump: Nur Idayu Kassim (SMK Dtk Hsn Onn) 4.41m (nzt), 2 Siti Hajar Syifa (SMKP Amp) 3.91m, 3 Noor Hidayati (SMK Wgs Mj R5) 3.87m; Boys' under-12 100m: 1 Ahmad Al-hadi (SK Dnu Kt) 13.55s, 2 Faiz Jamaludin (SK Dt Kmt2) 13.55s, 3 Afdzal Holib (SK Wgs Mj R10) 14.05s; Girls' under-12 100m: 1 Siti Nurhayati (SK Spk) 14.24s, 2 Jamaliah (SK J Gry) 14.27s, 3 Lee Yee Wen (SJKC LM) 14.57s; High Jump: 1 Aina Amira Shahrom (SK Bkt Nns) 1.26m (nzt), 2 Phavanjeet Kaur (SK Dnu Kt) 1.20m, 3 Siva Sakhti Kanagavendan (SK Wgs Jy) 1.15m.