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Unity is the key to peace and harmony

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AS Prime Minister Datuk Seri Dr Mahathir Mohamad pointed out, we are fortunate to live in peace and harmony in a country with people of different races, religions and cultures. It is truly variety that makes the difference. This is due to the good governance and leadership qualities.

Why is unity such a great virtue?

Unity is harmony within and amongst people. It is built with a shared vision for the good of all and a common goal. Unity is appreciating the values of each person and their unique contributions. The more I develop the habit of noticing goodness and only holding on to the good in others, the more my sense of well-being will rise.

Having the ability to remain true to myself no matter how others behave is a great value. Values practised quietly create an impact on others and inspire them to follow suit.

Another virtue to enhance unity is tolerance. One who has tolerance has the power to accept and accommodate people and situations. Being appreciative of the richness that different opinions and perspectives bring to the tapestry of life, a person who is tolerant is able to remain calm and contented. Where true love reigns, tolerance has no limit.

Parting thought for reflection: High vision leads to enthusiasm for change. Let my nature become so sweet that I never disempower anyone or draw attention to their weaknesses.