



EMBASSY OF MALAYSIA IN ASHGABAT, TURKMENISTAN
ПОСОЛЬСТВО МАЛАЙЗИИ В АШХАБАДЕ, ТУРКМЕНИСТАН
JANUARY-JUNE 2020 | ЯНВАРЬ-ИЮНЬ 2020

Aşgabat Gazety

NEWSLETTER



The Embassy of Malaysia in Ashgabat is pleased to publish our Newsletter for January-June 2020.

Among the highlights of this issue are the Diplomats Day of Turkmenistan, Majlis Rumah Terbuka Hari Raya Aidil Fitri and other activities organized or participated by the Embassy. There are also special features about Fascinating Facts of Malaysia and Trivia on ASEAN!



Message from the Ambassador of Malaysia to Turkmenistan

Assalamualaikum Warahmatullahi Wabarakatuh and Salam Sejahtera,

It gives me a great pleasure to present to you the latest edition of Aşgabat Gazety (in Turkmen language), the Newsletter of the Embassy of Malaysia in Ashgabat, Turkmenistan for January-June 2020.

The Covid-19 pandemic is a major challenge to the world and has affected many people. Adapting to the new norms is probably one of the biggest hurdles to us during this trying situation as we have to adapt to changes in the way we live and work. We have to minimise all forms of social interactions in order to be safe from the pandemic.

According to the official information from Turkmenistan government, there are no registered cases of Covid-19 in the country. Nevertheless, the Embassy has put in place all the necessary preventive measures like practicing social distancing as well as other SOPs and guidelines as recommended by the WHO. Alhamdulillah, so far, all Malaysian citizens in Turkmenistan are healthy and safe.

Despite these challenges, the Embassy continues to enhance further the cordial bilateral relations between Malaysia and Turkmenistan.

As we move towards the second half of the year, it is our hope that there will be a glimmer of light at the end of the tunnel soon. InshaaAllah, together we can defeat this pandemic and the situation will get back to normal. As a final note, I wish Selamat Hari Raya Aidil-Adha to our Muslim readers celebrating this happy occasion.

Stay safe and stay healthy.

Roseli Abdul
28 July 2020



MAJLIS TAHLIL AND BACAAN YAASIN



On 19 January 2020, the Embassy of Malaysia organised a Majlis Tahlil for adik Sophiea Azzahra, the daughter of First Secretary Mr. Mohamed Shahiran Mohamed Shah at his house.

The Embassy wishes to express deepest condolences to Mr. Mohamed Shahiran Mohamed Shah and his family on the passing of his beloved daughter, Sophiea Azzahra. May the soul of the dearly departed rest in peace. Al-Fatihah.



FASCINATING FACT OF MALAYSIA

First Malaysia flag was invented by an architect

On 29 November 1949, the Council of Rulers and the Federal Legislative Council had held the national-level competition to choose the design of the flag for the government that would be constituted. In the competition, Mr. Mohamad Bin Hamzah's creation (architect from the government of Johor) was chosen as the winner.





DIPLOMATS DAY OF TURKMENISTAN

On 18 February 2020, as part of the Embassy's continuous effort to promote Malaysia at the international level, the Embassy of Malaysia took part and participated in an exhibition in conjunction with the Diplomats Day of Turkmenistan. During the event organised by the Ministry of Foreign Affairs of Turkmenistan, the Embassy opened a booth to promote Malaysia's rich culture and tradition to the public in Ashgabat.



The Embassy showcased Malaysia's unique and colourful traditional handicrafts like *tikar mengkuang* and *labu sayong* and gave the opportunity to the public to taste famous delicacies like banana fritters and *bingka jagung* specially prepared by PERWAKILAN Ashgabat.





PETRONAS TURKMENISTAN REPATRIATION FLIGHT

Due to the suspension of operation by airlines in Turkmenistan, the Embassy of Malaysia facilitated a special flight to repatriate 88 PETRONAS Carigali Turkmenistan's staff and family members to Malaysia.

On 8 March 2020, an Air Asia special flight arranged by PETRONAS landed at Turkmenbashi International Airport (600km from Ashgabat), the only airport allowed to operate for international destinations. The Embassy had managed to get the cooperation from the Ministry of Foreign Affairs and the Ministry of Health and Medical Industry of Turkmenistan and other related authorities to streamline the movement of the passengers during the repatriation.



The special flight safely arrived at Kuala Lumpur International Airport (KLIA) on the next day at 0500 hrs (Malaysia time).



TRIVIA ON



ASSOCIATION
OF SOUTHEAST
ASIAN NATIONS

53rd ASEAN DAY

8 August 2020

THE FOUNDING OF ASEAN



On 8 August 1967, five leaders – the Foreign Ministers of Indonesia, Malaysia, the Philippines, Singapore and Thailand – sat down together in the main hall of the Department of Foreign Affairs building in Bangkok, Thailand and signed a document. By virtue of that document, the

Association of Southeast Asian Nations (ASEAN) was born. The five Foreign Ministers who signed it – Adam Malik of Indonesia, Narciso R. Ramos of the Philippines, Tun Abdul Razak of Malaysia, S. Rajaratnam of Singapore, and Thanat Khoman of Thailand – would subsequently be hailed as the Founding Fathers of probably the most successful inter-governmental organization in the developing world today. And the document that they signed would be known as the ASEAN Declaration.

It was a short, simply-worded document containing just five articles. It declared the establishment of an Association for Regional Cooperation among the Countries of Southeast Asia to be known as the Association of Southeast Asian Nations (ASEAN) and spelled out the aims and purposes of that Association. These aims and purposes were about cooperation in the economic, social, cultural, technical, educational and other fields, and in the promotion of regional peace and stability through abiding respect for justice and the rule of law and adherence to the principles of the United Nations Charter. It stipulated that the Association would be open for participation by all States in the Southeast Asian region subscribing to its aims, principles and purposes. It proclaimed ASEAN as representing “the collective will of the nations of Southeast Asia to bind themselves together in friendship and cooperation and, through joint efforts and sacrifices, secure for their peoples and for posterity the blessings of peace, freedom and prosperity.” (ASEAN Website)



IFTAR (FAST-BREAKING) AND SOLAT TARAWIH

In conjunction with the holy month of Ramadhan, H.E. Roseli Abdul, Ambassador of Malaysia to Turkmenistan hosted an Iftar for all Malaysian citizens in Turkmenistan on 2 May 2020 at the Official Residence. The programme which started with a dinner, Solat Tarawih and Moreh was attended by 17 Malaysians including Home-Based-Staff and family members and PETRONAS Carigali Turkmenistan staff in Ashgabat.





RUMAH TERBUKA HARI RAYA AIDILFITRI HOSTED BY THE EMBASSY OF MALAYSIA



On 24 May 2020, the Embassy of Malaysia in Turkmenistan hosted Rumah Terbuka Hari Raya Aidilfitri for all Malaysian citizens who are residing in Ashgabat and friends of the Embassy at the Official Residence of the Ambassador of Malaysia.

The annual programme of the Embassy gathered around 30 Malaysians and locals to celebrate Aidilfitri this year. The programme started with Solat Sunat Aidilfitri followed by Khutbah Aidilfitri.

All the attendees then were treated with local Malaysian delicacies such as Nasi Impit with peanut sauce and rendang, Sate, Soto, Teh Tarik and



many more dishes prepared by PERWAKILAN Ashgabat. The children were especially happy to receive duit raya. Even though the Aidilfitri celebration was small and moderate, it gave sweet memories to all Malaysians who cannot go home to Malaysia this year.





6 myths about the COVID-19 virus you should know about

Catching the coronavirus is a death sentence

The people who should be concerned about contracting the COVID-19 virus are those with health vulnerabilities; this includes the elderly, and people with dysfunctional immune system) or respiratory issues. However, if you are healthy, it is likely that you will make a full recovery as your immune system kicks into gear and fights off the coronavirus as it would any other infection.

Wearing a mask will prevent me from getting sick

The virus still can infect you through your ears, mouth and eyes, so really the only way to truly protect yourself is to wash your hands with soap before touching these areas.

There's a vaccine for the virus but the scientists are keeping it from us in a conspiracy

A vaccine is in the works, but making sure that it is safe and effective in humans takes time and money. There's no conspiracy and the vaccine is in development and is due to become available.

Garlic will help prevent me from catching COVID-19

Garlic is many things: delicious, rich in antioxidants, nutritious. However, there is no evidence from the current outbreak that suggests that it can prevent the transmission of the virus in anyway.

Antibiotics can treat the COVID-19 virus

No, it cannot.

Antibiotics work by attacking the bacterial wall or coating, killing the bacteria—the reason this doesn't work on viruses is because they have different mechanisms and machinery that antibiotics are unable to target.

Touching doorknobs/breathing in air is going to give me COVID-19

If droplets from an infected person happens to be present on the surfaces you come into contact with, such as doorknobs and coins, you could become infected if you touch your eyes, nose and mouth without washing your hands.



ANNUAL GENERAL MEETING PERWAKILAN ASHGABAT



PERWAKILAN Ashgabat had its Annual General Meeting on 20 February 2020 at the Embassy of Malaysia in Turkmenistan. The meeting started with a remark from H.E. Roseli Abdul, Patron of PERWAKILAN Ashgabat, followed by a meeting chaired by Puan Khadijah Kok Abdullah, Chairman of PERWAKILAN Ashgabat. Among the agenda discussed was activities for the year 2020 including Ashgabat Food Festival and Kelas Bimbingan Malaysia.





KELAS BIMBINGAN MALAYSIA



On 7 March 2020, PERWAKILAN Ashgabat led by Puan Khadijah Kok Abdullah, Chairman of PERWAKILAN Ashgabat successfully organised Kelas Bimbingan Malaysia with the aim to foster the spirit of patriotism and to inculcate better understanding of Malaysia's heritage, history, and other related information to the children of the Embassy's staff.





TRADITIONAL MALAY KUIH WORKSHOP



PERWAKILAN Ashgabat continued to promote Malaysia in Turkmenistan and on 20 June 2020 successfully organised the First Session of Traditional Malay Kuih Workshop.

The aim of the workshop was to introduce and to prepare Malay traditional delicacies to friends of the Embassy. During this first workshop, the participants were exposed to the process of making Karipap (Currypuff) from the beginning to the end.





MYSEJAHTERA APP

- It was developed by the Malaysian Government to manage the COVID-19 outbreak
- It helps users with health assessment & monitoring



REGISTRATION STEPS



Scan the QR Code/visit mysejahtera.malaysia.gov.my



Key in your mobile phone number/e-mail address



Click the 'Submit' button to receive a one-time PIN (OTP) code via SMS from MySMS 63839/e-mail



Key in the OTP & click 'Send'



Fill up the registration details & click 'Send'. You will receive a 'Successful Registration' message



Download the MySejahtera app & log in

Download the free app from:



Source: mysejahtera.malaysia.gov.my

Published: 22/4/2020
 Bernama Infographics

MySejahtera is an **application** developed by the Government of Malaysia to assist in managing the COVID-19 outbreaks in the country. It allows users to perform health self-assessment on themselves and their family members. The users can also monitor their health progress throughout the COVID-19 outbreak. This application also provides the Ministry of Health (MOH) of Malaysia with the necessary information to plan for early and effective countermeasures.

MySejahtera app also helps you keep track COVID-19 hotspots. The app defines a hotspot as an area with reports of COVID-19 cases within the last 14 days.

The app can also identify if there are any health screening facilities nearby. Besides that, the user can extend these features to others who don't have access to a smartphone, such as children or elders, by registering them under the "Manage Dependants" part of the app.

The MySejahtera app also conveniently links you to a number of Standard Operating Procedures (SOPs) that need to be followed, be it for festivities or for restarting the economy.

Beyond all that, MySejahtera is also a reliable source of statistics on the disease. The app makes available to you up-to-date numbers for COVID-19 cases.

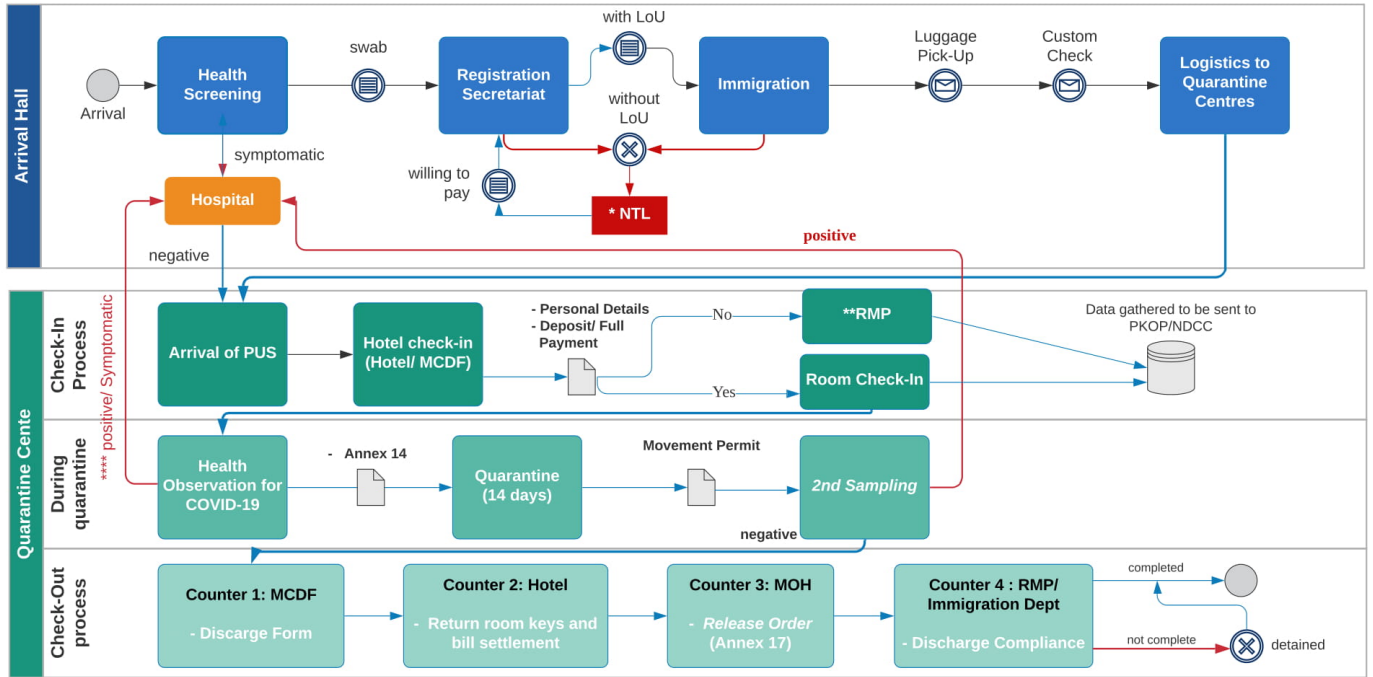


ANNOUNCEMENT TO ALL MALAYSIAN TRAVELLERS



NADMA MALAYSIA

Quarantine Procedure Starting July 24th, 2020



* NTL (Not to Land): The immigration Department reserves the right to impose an NTL order on non-citizen who failed to present the LoU upon arrival, the lits will be forwarded to respective embassy
 ** If sample tested negative for COVID-19, PUS has to undergo similar check in process
 *** The Royal Malaysian Police will exercise the Regulation 31(2)(q), Act 342 for PUS who failed to comply with the provisions stipulated
 **** For symptomatic/ positive patient, all belonging must be brought to the hospital and chargeable period will be as of the date of transfer

Letter of Undertaking can be downloaded at www.kln.gov.my

Kindly submit the duly signed LoU, a copy of passport and a copy of flight ticket to mwashgabat@kln.gov.my

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