

Practise self-restraint PM advises Muslims

People urged not to overspend or overindulge

PETALING JAYA: Tun Dr Mahathir Mohamad has advised against overspending at bazaars and buying more than one can eat.

In his Ramadan video message, the Prime Minister said he hoped that fasting would not just be treated as a ritual but also as a lesson to Muslims on the importance of self-restraint.

“During the fasting month, we will have Ramadan bazaars. At these bazaars, many types of food would be sold.

“Sometimes we get influenced and buy more than we need and usually eat.

“Although we are aware that those who trade at Ramadan bazaars are looking to get better income, at the same time we must control ourselves so we don’t waste the little amount of money that we have.

“I hope that this fasting month will not just be an act of worship for us but also a lesson for us on the importance of controlling our desires,” he said.

Dr Mahathir pointed out that when one was in control of his or her desires, he or she would avoid doing things prohibited by religion and also society.

“I hope that this fasting month will not just be an act of worship for us but also a lesson for us on the importance of controlling our desires.”

Tun Dr Mahathir Mohamad

“We consider fasting as an important act in shaping our character because the fasting month teaches us to control ourselves from doing anything prohibited by Islam such as eating, but there are many other things that we must also observe.

“I hope that all of us will become better human beings as a result of the self-control that we practise,” he added.

Meanwhile, his deputy Datuk Seri Dr Wan

Azizah Wan Ismail said Muslims should fully use the holy month of Ramadan to spiritually better themselves.

Ramadan is a month of blessings and forgiveness from Allah, she said.

“We should not waste this opportunity to intensify our worship and devotion, and seek forgiveness and mercy.

“I urge, not only for myself, but for all Malaysians that we benefit spiritually as much as possible while the opportunity is upon us and for all of us to leap forward in our relationship with Allah,” she said in her Ramadan message reported in Bernama yesterday.

Dr Wan Azizah urged Muslims to emulate the characteristics of Prophet Muhammad who was wise and active in managing his daily life during Ramadan.

She said a well-balanced management of life that encompasses spiritual needs and community service is the key to success among Muslims.

“Let this Ramadan transform us into being champions of humanity. Blessed Ramadan Al-Mubarak to everyone.”