

## **Why Kill When Pressed About Marriage?**

**Bernama**

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**By Erda Khursyiah Basir**

KUALA LUMPUR, May 9 (Bernama) -- The case of a single mother of four who was killed by her lover for pressing the latter over the issue of marriage has drawn public attention.

It was all the more undiscerning as her lover was a religious teacher, single and much younger than her.

Also reported was the case of a woman who was strangled and thrown from a bridge by her fiance. A note was also found on her over the problems she was facing.

When asked to comment, including on the killing when pressed for marriage, an independent missionary Ustaz Halim Din said generally the incident could be caused by an emotional crisis involving internal problems.

"They are sometimes not without faith (in the case of the religious teacher), but it was driven by anger or animal lust (bahimiah)," he told Bernama.

He also said pressure due to the burgeoning cost of a wedding could also be a burden to couples intending to enter wedlock.

"But, in reality, if we return to religion, a marriage should be made easy, not difficult, with unnecessary costs," he said.

From the aspect of psychology, University Technology Mara (UiTM) Psychiatric senior consultant specialist Prof Dr Osman Che Bakar regarded the act of killing as caused by the individual's inability to control his anger and emotion.

He said an individual with psychiatric problem would get angry quickly and make illogical decisions.

"(When they fail to control their anger), they cannot imagine their action can take them to the 'hanging rope'. This is what is described as impulse control disorder which means being spurred to do something harmful.

"There are also individuals who are not aware of their problems when they are angry. They fail to control stress and anger, and these are what are related to psychiatric problems," he said.

Osman did not rule out the current circumstances involving the increasing cost of living that could be a factor contributing to the problem, but it was not a concrete excuse for any quarters to act irrationally, including a willingness to kill.

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