

Islam advocates moderation

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By Professor Mohammad Hashim Kamali

I MAY begin by posing a question: Are there any indicators to tell us that Islam anchors itself in the middle path of moderation, to show, in other words, that *wasatiyyah* is the governing principle of Islam?

Islam's advocacy of *wasatiyyah* is, first of all, known by the explicit affirmation of the Quran that designates the Muslim community as a community of the middle path (*ummatan wasatan*) (Al-Baqarah, 2:143). This Quranic designation is espoused with a commitment for the ummah to act as witnesses for truth and serve the cause of justice.

Justice is the closest synonym for *wasatiyyah*, and a great virtue in its own right; it is a major theme of the Quran and a principal assignment of government in Islam. *Wasatiyyah* without justice would be an empty concept, yet justice too must be anchored in *wasatiyyah*: A judge can be inclined toward severity, or the opposite of that, and is thus advised to observe moderation in the delivery of justice.

Islam's commitment to the middle path of *wasatiyyah* is also manifested in mutual recognition (*ta'aruf*) — Q 49:13). The ummah builds its relationships with other communities and nations in the spirit of *ta'aruf* that nurtures friendship and peaceful co-existence. One of the manifestations of *ta'aruf* in Islam is the recognition of Christianity and Judaism as valid religions. Muslim jurists have by analogy extended the same status to the followers of other faiths and communities that reside in Muslim territories, and those who become non-Muslim citizens of a Muslim state.

Another manifestation of the middle path of *wasatiyyah* in Islam is its recognition of reasonable disagreement (*ikhtilaf*) in matters of interpretation and opinion. The reality of *ikhtilaf* in Islam is manifested in the plurality of its juristic and theological schools (*madhhabs*), such as the Hanafi, Shafi'i, Maliki, and Hanbali — all of which co-existed and have, for the most part, also recognised one another as valid interpretations of Islam. *Ikhtilaf* thus becomes an aspect of Islamic life and thought and acts as a significant moderator from within.

In a similar vein, Islam advocates consultation (*shura*) in matters of community affairs, governance and leadership (Q 3:109 & 42:38). *Shura* is a great moderator in that it seeks to give voice, reconcile and reach consensus-based solutions to issues. The Prophet of Islam practised it most and so did the orthodox Caliphs (*khulafa' Rashidun*) after him, thus making *shura* the principal mode of decision-making in public affairs. Consultation is also advised in family relations: the husband, in particular, should consult his wife in family matters and upbringing. Islam's conception of *wasatiyyah* is further manifested in its support for dialogue (*hiwar*) and cooperation (*ta'awun*) among people in pursuit of beneficial objectives (Q 5:2: "cooperate in good and righteous works, and cooperate not in [pursuit of] hostility and sin"). Dialogue is an Islamic imperative, as is known from the Quranic address that engagement and dialogue with the different other must be in the "best and most courteous manner" (16:125), to be conducted in reasonable and persuasive ways that lead to better understanding.

Islam also advises moderation in religiosity and the practice of its own duties. The faithful are enjoined to opt for easier ways in the practice of Islam, and that it is God's own illustrious purpose "to lighten your burdens"; and "make things easy for you". (Q 4:28; 4:185). Removal of hardship and lightening people's burdens thus become one of the cardinal purposes (*maqasid*) of Syariah. Hence the ruler, judge and mufti must opt for easier solutions and fatwas as a matter of priority and preference. The Prophet, pbuh, has advised against excessive fasting, all night vigils, and lengthy prayers that cause fatigue and prove prejudicial to normal family life. He kept his own prayers and sermons, when leading congregations, at moderate length, and instructed others to do the same.

Opting for the middle path is further manifested in Islam's recognition of people's customary practice ('urf). Custom is a recognised basis of law and judgment, which is mentioned in the Quran side by side with forgiveness and a certain easiness with people's misgivings: "Take to forgiveness, follow the 'urf and turn away from the ignorant." (7:199). People and communities who nurture these values are likely to be practising *wasatiyyah*. God praises those "who swallow their anger and forgive others (Q 3:134)"; and those who choose to forgive in preference to retaliation and revenge (2:178).

The middle path is the chosen path of Islam in financial transactions and business relations. This is manifested, in the affirmative sense, in the Syariah laws of commerce and contract which enjoin fair exchange and equivalence in countervalues. Fair exchange is also pursued in the prohibitive injunctions of Syariah on usury (*riba*), excessive risk-taking and uncertainty in contracts (*gharar*) and avoidance of unethical business transactions.

Moderation is also advised in the personal lifestyle and character that Islam seeks to nurture among the believers. To this effect, the Quran praises those who are peaceful, walk the earth with humility, and are the agents and propagators of peace (25:63). The Prophet added his voice as to say: "Every religion has its ethos and the ethos of Islam is modesty — *al-haya*".

And lastly, it is a manifestation of Islam's preference for the middle path of moderation that a rich Sufi tradition of spirituality, inner reflection, and a certain distancing of oneself from materialist indulgences has grown throughout the Islamic lands. Sufism is a powerful moderator of dry legalism and obsession with the measure-for-measure justice. The Quran frequently mentions justice side by side with *ihsan* (beauty), and Sufism is the nurturing of inner beauty through self-discipline and devotion.

Mohammad Hashim Kamali is CEO of the International Institute of Advanced Islamic Studies (IAIS) Malaysia