

Bernama staff take up Mahathir's call on recreational activities

BERNAMA

29/11/2018

KUALA LUMPUR, Nov 29 (Bernama) -- Acting Chief Executive Officer of the Malaysian National News Agency (BERNAMA) Datuk Zakaria Abdul Wahab wants all staff to respond to the call by Prime Minister Tun Dr Mahathir Mohamad to participate in recreational activities during their break time.

Zakaria said Bernama's Urban Farm project would help realise this objective when the agency's staff are given between 30 minutes to an hour for their farming activities.

"We will allow the staff between 30 minutes to one hour once a week or a month to do their gardening, subject to the weather conditions. So there will be people looking after the farm.

"Starting today, department heads must allow time-off for the staff," Zakaria said after the launch of the Bernama Urban Farm here today.

He said Prime Minister Tun Dr Mahathir Mohamad recently proposed that government servants and private sector staff be allowed 15 minutes to exercise as part of a healthy lifestyle.

Zakaria said the farming activities would not only be recreational to the staff but also help relieve their work stress and foster closer ties among themselves.

A 400-square-foot piece of land had been allocated for the Bernama Urban Farm project with Universiti Teknologi MARA, the National Patriot Foundation, Kuala Lumpur City Hall, the Department of Irrigation and Drainage, as well as other agencies as part of the River-of-Life project launched in 2011.

"Other than sharing information on farming and instilling awareness about sustainability, it

will also foster a love for the river among the local community,” he said.

Among the plants in the farm were salads, fruits and floral plants.

-- BERNAMA

© 2018 BERNAMA. All Rights Reserved. Disclaimer | Privacy Policy| Security Policy

Source: <http://www.bernama.com/en/news.php?id=1670174>