

INSPIRATION FOR A *RIDICULOUSLY* GOOD LIFE

Bonus:
Personal
Action
Plan

LIFE
WITHOUT
LIMITS

NICK VUJICIC

Alhamdulillah
Feb. 2013.



LIFE
WITHOUT
LIMITS





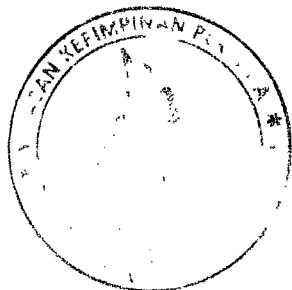
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GOD: The Father, Son, and Holy Spirit.

I'd also like to dedicate this book to the Toth family in San Diego, California, as I will never forget the cornerstone of faith Phil placed in my life. His contagious flame for evangelism marked the beginning of mine.

Introduction

My name is Nick Vujicic (pronounced Voy-a-chich). I am twenty-seven years old. I was born without any limbs, but I am not constrained by my circumstances. I travel the world encouraging millions of people to overcome adversity with faith, hope, love, and courage so that they may pursue their dreams. In this book I will share with you my experiences in dealing with adversity and obstacles, some of them unique to me but most universal to us all. My goal is to encourage you to overcome your own challenges and hardships so you can find your *own* purpose and pathway to a ridiculously good life.

Often we feel life is unfair. Hard times and tough circumstances can trigger self-doubt and despair. I understand that well. But the Bible says, “Consider it pure joy, whenever you face trials of any kinds.” That is a lesson I struggled many years to learn. I eventually figured it out, and through my experiences I can help you see that most of the hardships we face provide us with opportunities to discover who we are meant to be and what we can share of our gifts to benefit others.

My parents are devout Christians, but after I was born with neither arms nor legs, they wondered what God had in mind in creating me. At first they assumed that there was no hope and no future for someone like me, that I would never live a normal or productive life.

Today, though, my life is beyond anything we could have imag

ined. Every day I hear from strangers via telephone, e-mail, text, and Twitter. They approach me in airports, hotels, and restaurants and hug me, telling me that I have touched their lives in some way. I am truly blessed. I am *ridiculously* happy.

What my family and I could not foresee was that my disability—my “burden”—could also be a blessing, offering me unique opportunities for reaching out to others, empathizing with them, understanding their pain, and offering them comfort. Yes, I do have distinct challenges, but I also am blessed with a loving family, with a keen enough mind, and with a deep and abiding faith. I’ll be candid here and throughout the book in sharing that neither my faith nor my sense of purpose grew strong until I went through some very scary times.

You see, as I entered those difficult adolescent years when we all wonder where we fit in, I despaired over my circumstances, feeling that I never would be “normal.” There was no hiding the fact that my body was not like my classmates’. As much as I tried to do ordinary activities like swimming and skateboarding, I would only become more and more aware that there were simply some things I would never be able to do.

It didn’t help that a few cruel kids called me a freak and an alien. Of course, I’m all too human and wanted to be like everyone else, but there seemed little chance for that. I wanted to be accepted. I felt I wasn’t. I wanted to fit in. It seemed I didn’t. And I hit a wall.

My heart ached. I was depressed, overwhelmed with negative thoughts, and didn’t see any point in my life. I felt alone even when I was surrounded by family and friends. I worried that I would always be a burden to those I loved.

But I was so, so wrong. What I didn’t know back in those dark days could fill a book: the one you’re holding, actually. In the pages that follow, I will offer you methods for finding hope even amid arduous trials and heartbreaking tribulations. I’ll light the path to the other side of grief where you can emerge stronger, more deter

mined, and empowered to pursue the life you want, and perhaps even to find a life beyond any you could have imagined.

If you have the desire and passion to do something, and it's within God's will, you will achieve it. That's a powerful statement. To be honest, I didn't always believe it myself. If you've seen one of my talks posted on the Internet, the happiness I have that shines through in those videos is the result of the journey I've made. I didn't have everything I needed at first and had to pick up several important attributes along the way. To live without limits, I found I needed:

A powerful sense of purpose

Hope so strong that it cannot be diminished

Faith in God and the infinite possibilities

Love and self-acceptance

Attitude with altitude

A courageous spirit

Willingness to change

A trusting heart

Hunger for opportunities

The ability to assess risks and to laugh at life

A mission to serve others first

Each chapter in this book is devoted to one of those attributes, explained in such a way that I hope you can put them to use in your own journey toward a fulfilling and meaningful life. I'm offering them to you because I share God's love for you. I want you to experience all the joy and fulfillment He intended for you.

If you are one of the many people struggling each day, keep in mind that beyond my own struggles there was a purpose for my life awaiting me. And it has proven to be far, far, *far* beyond anything I ever could have imagined.

You may hit hard times. You may fall down and feel as though you don't have the strength to get back up. I know the feeling, mate. We all do. Life isn't always easy, but when we overcome challenges, we become stronger and more grateful for our opportunities. What really matters are the lives you touch along the way and how you finish your journey.

I love my life just as I love yours. Together, the possibilities for us are just ridiculous. So what do you say? Shall we give it a go, mate?

Life Without Limits





If You Can't Get a Miracle, Become One

One of my most popular videos on YouTube shows footage of me skateboarding, surfing, playing music, hitting a golf ball, falling down, getting up, speaking to audiences, and best of all, receiving hugs from all sorts of great people.

All in all, those are pretty ordinary activities that just about anybody can do, right? So why do you think that video has been viewed *millions* of times? My theory is that people are drawn to watch it because despite my physical limitations, I'm living as though I have no limits.

People often expect someone with a severe disability to be inactive, maybe even angry and withdrawn. I like to surprise them by showing that I lead a very adventurous and fulfilling existence.

Among the hundreds of comments on that video, here's one typical remark: "Seeing a guy like this being happy makes me wonder why the hell I feel sorry for myself sometimes . . . or feel that I'm not attractive enough, or funny enough, or WHATEVER. How can I even think thoughts like that when this guy is living without limbs and still being HAPPY!?"

I'm often asked that very question: "Nick, how can you be so happy?" You may be dealing with your own challenges, so I'll give you the quick answer up front:

I found happiness when I realized that as imperfect as I may be, I am the perfect Nick Vujicic. I am God's creation, designed according to His plan for me. That's not to say that there isn't room for

WHAT WOULD YOUR LIFE BE LIKE IF ANYTHING WERE POSSIBLE?

Born without arms or legs, Nick Vujicic overcame his disabilities to live an independent, rich, fulfilling, and “ridiculously good” life while serving as a role model for anyone seeking true happiness. Now an internationally successful motivational speaker, Nick eagerly spreads his central message: The most important goal is to find your life’s purpose and to never give up, despite whatever difficulties or seemingly impossible odds stand in your way.

Nick tells the story of his physical disabilities and the emotional battle he endured while learning to deal with them as a child, teen, and young adult. “For the longest, loneliest time, I wondered if there was anyone on earth *like me*, and whether there was any purpose to my life other than pain and humiliation.” Nick shares how his faith in God has been his major source of strength, and he explains that once he found a sense of purpose—inspiring others to better their lives and the world around them—he found the confidence to build a rewarding and productive life without limits. Let Nick inspire you to start living your own life without limits.

Includes a *Life Without Limits* Personal Action Plan to help anyone determine their unique path to a successful life.

NICK VUJICIC is a motivational speaker and the director of the nonprofit organization Life Without Limbs. A long-time resident of Australia, Nick now lives with his wife in Southern California.

INSPIRATIONAL

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